

Elizabeth M. Thrush, CTRS

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Education

Aug 2006

The University of Tennessee Knoxville, TN

Bachelor of Science in Therapeutic Recreation with a minor in Psychology GPA 3.79

Experience

Sept 2008-Oct 2008

CADES

- Worked with older adults with dementia in an adult day care setting
- Encouraged clients to participate in activities including music, arts and crafts, exercise, and games
- Prepared for activities for the clients

Aug 2006-Oct 2008

Blount Memorial Hospital Maryville, TN

- Worked extensively with adults with dementia, chemical dependency, depression and other psychiatric illnesses
- Led a variety of activities on an inpatient and outpatient basis
- Co-managed the recreation therapy program
- Created a book of alternative treatments for pain management and taught alternative pain management sessions
- Participated in special event planning including the annual Mental Health Fair
- Communicated with other agencies to coordinate discharge planning
- Educated clients about exercise and maintaining a healthy lifestyle
- Provided education about diagnosis, treatment, prognosis and discharge planning recommendations to family members

Aug 2005-Dec 2005

Practicum at STAR

- Worked with children with developmental disabilities in a therapeutic horseback riding program
- Taught horseback riding lessons
- Participated in fundraising events

May 2005-Aug 2005

Tate's Day Camp Knoxville, TN

- Worked with children ages 7-14 in a day camp setting
- Led team building activities on the ropes course
- Taught children how to use the climbing wall
- Supervised children using the archery equipment

Jan 2003-Jul 2006

Office of Information Technology Knoxville, TN

- Assisted Student Assistants with issues in the computer labs
- Trained new employees
- Maintained the computer labs

Additional Information

- Knowledge of Microsoft Word, PowerPoint, and Excel,
- CPR certified
- Participated in various camps for children and adults with disabilities including Camp Koinonia- a week long camp for children with developmental disabilities, Camp Koinonia II- a weekend camp for adults with disabilities, and Camp Clubhouse- a weekend camp for children with spina bifida